

SEASON QUICK REFERENCE SHEET

TEAM WEBSITE: www.upperpark.com/mtb

All important information will be posted on the website. The Next Event link at the top left corner of every page of the site links to important information about the next upcoming event. This includes full info on directions to the race, lodging info and potluck distribution list.

COACHES:

Team Director: Dietmar Burkhardt, (Geneva 11th grade)

dietmar@sunnyvalevw.com, (408)203-8032

Team Coach: Mathew Allen (Aubrey 12th grade)

mamoaptos@yahoo.co.uk

Assistant Coach: Adam Haverstock

Assistant Coach: Sonia de la Rosa

KEY DATES:

First Practice, Tuesday February 4th

Saturday February 15th, East Garrison, Monterey -CCCX

Saturday February 22nd- East Garrison, Monterey -NorCal 1

Sunday March 9th- Granite Bay, Roseville-Overnight -NorCal 2

Saturday March 22nd- East Garrison, Monterey -NorCal 3

Saturday March 29th, Toro Park, Salinas -CCCX

Sunday April 6th- Petaluma- Overnight -NorCal4

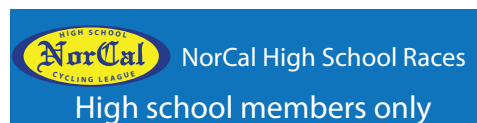
April 10-13 -Sea Otter Classic

Sunday April 27th- Boggs Mountain, Clear Lake-Overnight -NorCal Champs

Last Practice, Thursday May 8th

Sunday May 11th, (State Champs- rider must qualify) Laguna Seca, Monterey -State Champs

End of Season BBQ, Saturday May 31st



PRACTICE:

Every Tuesday and Thursday, start 3:45 in Kirby's back, upper parking lot, ends 5:30- 6pm starting on Tuesday March 11th. You are only allowed to miss one practice per month. Missed Practice Notification- Must contact Dietmar, call, text or email before 3:40 on day of practice. Do not communicate through fellow teammates. Cancellations due to bad weather will be called out via email.

BIKE, ACCESSORIES:

See website for all required items. You will not be allowed to ride without the following minimum equipment:

Helmet, Glasses, Water. If your bike is showing mechanical problems before practice, you may not be allowed to ride.

RACE REGISTRATION

High school riders must be registered with the NorCal league before attending a race- see team website for full details. CCCX registration happens at venue on day of the race.

TEAM EQUIPMENT

All provided team equipment such as uniforms, glasses and jackets must be returned at the end of the season. Racers must wear their uniforms for all races.

TRAVEL, LODGING, FOOD

All race details will be described on the Next Event page on the team website. A parent/guardian must attend overnight races with their student. Racers, coaches and parents will rely on everyone helping with potluck items for the day of the race, full details will be on website.

BIKE SHOP ASSISTANCE- ABS

Another Bike Shop (ABS) is our sponsor bike shop. They are located at 2361 Mission St. on the West Side of Santa Cruz. (831) 427-2232. ABS will have a list of all team members so that you will receive service as quickly as possible and discounts when available.